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Or visit our page at [fb.me/SVECCAC](https://fb.me/SVECCAC)



Programs in the e-bulletin are free unless otherwise specified.

Local Events  
Health & Well-being  
Online Events and Activities  
Local Resources  
Community Resources

### Local Events

#### **Tomorrow! Lantern Festival & Parade** – New Denver

Saturday January 28  
5pm (Arrive Early!)  
Kohan Garden, New Denver

Please arrive early for parade! Enroute to the Bosun Hall for music lantern displays, music, bonfires and refreshments (refreshments \$cost, cash only). For more information visit [www.sparkinthedark.ca](http://www.sparkinthedark.ca)

#### **Tomorrow! Winter Carnival** – Rossland

Saturday January 28  
10am – 5pm  
Rossland Museum, Rossland

Entry by donation. Snow Maze, maple taffy, campfire, hot drinks, snowman contest, tobogganing, snow painting.  
See [www.rosslandmuseum.ca](http://www.rosslandmuseum.ca)

#### **Tomorrow morning! Free Fitness Classes!** – Slocan

For the month of January Florrie Wood is offering FREE fitness classes in Slocan city. These classes are for any level of fitness. Now is the time to come try out if you are curious, or you need to kickstart your New Years fitness plans!

Last free class is tomorrow! **Sat 28th 8am**

There are limited spaces available, please email Florrie if you are interested or with any questions!  
[flographica@gmail.com](mailto:flographica@gmail.com)

#### **NEW Alphabet Soup! registration mandatory**

Mondays, Feb 6<sup>th</sup> – March 13 (not Feb 20)

12:30 pm – 2:00 pm  
W.E. Graham Community School, Slocan  
(Meet in the Strong Start room)

Join us every Monday for this fun program for pre-school aged children (2.5 - 6 years).  
This free program allows children & caregivers to cook nutritious, child-friendly recipes together.  
Join us for a morning of play, songs, stories & cooking!

Registration is mandatory. Please follow the link to register:  
<https://form.simplesurvey.com/f/!/CBALSlocanValleyFamilyRegistration>  
Program name: *Alphabet Soup*

**NEW Indigenous Family Night at Passmore Hall -ATTACH POSTER**

2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of the month  
4:30pm – 6:00pm  
Passmore Hall

Drop-in gatherings for Indigenous families with children. Come join us to learn traditional crafts, play, share stories, make friends, and share a meal together. See Poster at bottom of ebulletin!  
Contact Daniele Boily, Indigenous Family Support Coordinator 250-444-5437, for more information.

**NEW Nobody's Perfect – ATTACH POSTER**

6 sessions on Friday Mornings  
9:00am-11:30pm  
February 3<sup>rd</sup> -March 10th, 2023  
WEG Community School in Slocan  
(Transportation assistance available)

[Nobody's Perfect](#) is a free parenting program for parents of children from birth to age five. It is designed to be strengths-based and participant centred.

In a group setting, parents co-create the curriculum they want to see based on their unique and specific experiences. Meet with other parents of young children, share challenges, ideas, and questions about parenting, learn about child development, health, behaviours, and safety; work collaboratively with parents in your community and a trained facilitator. Learn together and have fun doing it!

*it's free!*

*it's based on adult learning principles!*

*it's designed for parents by parents!*

*childminding and snacks provided!*

*positive and empowering!*

*Registration*

Link: [https://forms.office.com/Pages/ResponsePage.aspx?id=Ub\\_Y9fp9O02gSCdG5ZmCSGVv2LWpNXFCm5B62062VqVUQTfZMExBVIZRS0k3MUwzSktFMEZXQTRMVC4u](https://forms.office.com/Pages/ResponsePage.aspx?id=Ub_Y9fp9O02gSCdG5ZmCSGVv2LWpNXFCm5B62062VqVUQTfZMExBVIZRS0k3MUwzSktFMEZXQTRMVC4u)

Email for more information: [Laura@wegcss.org](mailto:Laura@wegcss.org)

### **Baby Goose**

Monday's 10:30am - Noon  
January 16<sup>th</sup> - March 13<sup>th</sup>, 2023  
Pharatree Learning Centre in Winlaw  
5686 Highway 6

Join Pati to learn rhymes, songs, and stories to share with your child. For parents, grandparents, and caregivers of children 0-30 months. Siblings welcome. Come join the fun and meet new families in the Slocan Valley.

Registration required. Here is the link to

register: <https://form.simplesurvey.com/f/I/CBALSlocanValleyFamilyRegistration>

Program name: Baby Goose

To find out more email [lhouse@cbal.org](mailto:lhouse@cbal.org).

### **Winter Carnival (free or by donation) – volunteers needed for shoveling day on Saturday, January 28th**

Family Friendly, No drugs or alcohol in the park

Saturday, February 4<sup>th</sup>

Expo Park, Slocan

Noon- 10pm

12:00 Karli Lynn

12:40 Aya

1:00 Melvin Wandmaker

2:00 David Lane

2:45 Spoken Word with Art Joyce

3:00 Kyla Audrey Egli Gold Rose Harpist

3:30 Puppet Show and Spin the Wheel Prizes with Nikki Cole

4:00 Barnharmonics Choir

4:30 Dance performance by DANZI group

4:45 BYODrum Circle and Cypher

5:00 Open Mic

5:45 Mr. Mist

6:00 Merlin

7:00 Avery Florence

7:30 Fire performance by Patrick Lepage

8:00 Stubbs and The.

There will be a **volunteer shoveling day on Saturday, January 28th** at 11am.

Bring your own shovels, spades and pickaxes please.

There are still spaces left for the free Snow Sculpture Workshop. Carving is on the morning of the Winter Carnival.

Contact [lisa.parente@live.ca](mailto:lisa.parente@live.ca) to register. Volunteers, donations and gift prizes are needed.

Contact [lisa.parente@live.ca](mailto:lisa.parente@live.ca) for more information and visit Treehugger Retreats and Events on Facebook.

### **NEW Polka Dot Dragon Lantern Festival**

Saturday February 11

5:00pm – 7:00pm

Lakeside Park, Nelson

Bring a lantern and join us for this free community event that brings people together! Note, candles must be in non-combustible containers and no sky lanterns. More information [www.polkadotdragon.ca](http://www.polkadotdragon.ca)  
Snow sculptures, shadow puppets, music and dance, performances, lanterns, giant puppets!

## **Strong Start**

9:00am - 11:30am

Monday - Brent Kennedy School

Tuesday and Thursday - WE Graham Community School

Wednesday and Friday - Winlaw School

Participate with your young child (aged birth to five) in play-based early learning activities: including stories, music and art. Strong Start participants have access to movement time and a free healthy snack.

Don't forget that registration is now mandatory <https://innovativelearning.sd8.bc.ca/strongstart-registration>

If you have yet to register and it's a Strong Start day - no worries! We will help you get the application started at the school. Photocopies of essential documents may also be completed with the school's amazing clerical staff. Any other questions Email Pati McLaughlin Strong Start facilitator at [svstrongstart@wegcss.org](mailto:svstrongstart@wegcss.org)

## **Free Tech Access and Support**

Monday's 9:00am-2:00pm

Beginning January 9th, 2023

Pharatree Learning Centre in Winlaw

5686 Highway 6

Need access to a scanner, printer, or computer? Need a place to connect to Wi-Fi? Do you have your own device but need help using it? On Mondays, CBAL will be setting up at the Pharatree Learning Centre for FREE drop-in tech access & support. Support is also available over Zoom. Email or phone to get started. Sayre Knight 250-226-6949, [sknight@cbal.org](mailto:sknight@cbal.org)

**NEW Child Care Resource and Referral Toy Library** – Visit it online!

Books, Story Baskets, Felt boards, Exploration Kits, Toys, Puzzles, Games, Equipment!

Here is the link to view our library resources: <https://www.libib.com/u/kkslibrary>

On your phone: To access your account:

- you will need to click the two bars at the top of the right hand side of the screen
- then select patron login
- Then select 'need password?'
- Then you enter your email and press submit
- You will then receive an email from Libib stating Patron password request: Kootenay Kids Society, you can then copy the password sign in.
- You can then change your password under 'edit profile' (using the password you were emailed from Libib)

**NEW Koots Kids Clothing Exchanges – Silverton (Cost\$)**

Saturday January 28

Open 10 – 1 (for getting clothes)

Open 10 – 3 (for other items)

**Koots Kids is closing temporarily for renovations** – pick up a lot of clothes for nearly nothing!

222 Lake Ave, Silverton. Or contact Robin at 250-505-4610.

**NEW Soccer Ages 3 + up- Spring Registration open! (Cost\$)**

Age 3-5 (75\$ early fee 90\$ late fee)

Age 5-7 (75\$ early fee \$90 late fee)

Monday- Slocan City

Tuesday- Crescent Valley and Fauquier

Wednesday- New Denver and Kaslo

Thursday- Nakusp

Friday – Winlaw

For more information and to register visit: <https://westkootenayfootball.com/spring-season-2023>

**NEW Adult Badminton (\$2 Cost) Drop in**

Monday's 7pm – 9pm

W.E. Graham Community School

Children and youth welcome if accompanied by an adult. Call 250-355-2698 for more information.

**NEW Family Clay Class (Cost\$)**

Starts Sunday February 5<sup>th</sup>

10:00am – 11:30am

Slocan

Hand building with clay is for both grown ups and kids to make their own project! \$20per individual per class. Fee covers all studio and material costs! Adult pottery classes are available on different days/times inquire for more details or to sign up.

Email: [sarahbeatty@objectsandfeelings.com](mailto:sarahbeatty@objectsandfeelings.com)

**RDCK Winter Leisure Guide is out! (\$Cost)**

Seniors winter tea, Adult Basketball in Winlaw, Adult Volley Ball at Mount Sentinel

<https://www.rdck.ca/EN/main/services/recreation/leisure-guides.html>

**Winlaw Flea Market (Cost\$) – kids can bring box of items to sell, no charge**

Once a month, Next market February 5

(please follow their facebook page for next months dates)

11:00am – 3:00pm

Winlaw Community Hall 5897 Highway 6

Tables are \$20, kids can bring a box of items to sell for free. \$5 to sell items out of your trunk, no reservation required, for trunk sale- just show up a bit early and get a good parking spot...

Email to secure your table: [winlawflea@gmail.com](mailto:winlawflea@gmail.com) or for any questions! Or facebook link below for more information: <https://www.facebook.com/people/Winlaw-Flea-Market/100088231154383/?mibextid=ZbWKwL>

**NEW Artisan Market – Slocan (Cost\$)**

Saturday February 11th

10:00am – 3:00pm

Slocan Legion, 811 Harold Street, Slocan

Featuring free kids crafts, a consignment table and hot coffee!  
Bannock and other goodies will be available for purchase!

### **Whole School Kindergarten Registration**

The Whole School is an alternative independent elementary school that follows BC curriculum and welcomes Kindergarten to Grade 7 students. Our multi-age programming for Kinders runs from two to five full days per week, our students attend in-class sessions 4 days a week and Fridays are dedicated to our Outdoor Leadership Program. Registration is open all year while pre-registration for new families for the 2023-2024 school year starts March 1st. See our website for more information on enrollment packages, sibling discounts and Work Trade Program. Call / email us: 250-226-7737 (Tue-Thu 8:30am-4:00pm) / [wholeschool@gmail.com](mailto:wholeschool@gmail.com).

### **SD8 Kindergarten Registration – W.E. Graham Slocan, Winlaw and Brent Kennedy**

*How do I enroll my child in Kindergarten?*

1. To enroll your child in kindergarten for the upcoming 2023-2024 school year, your child must be 5 years old by December 31st of this year.
2. You are encouraged to **apply before March 31, 2023 at 4:00 PM** at your neighbourhood catchment school.
3. Download the Registration form (see link below) bring your child's birth certificate, proof of home residence, and MSP carecard, when registering. If applicable: please bring custody paperwork (court documentation).

For more information visit <https://www.sd8.bc.ca/node/37854>

### **Adult Open Studio Drop in Art Therapy**

Tuesday Evenings

4:00pm – 5:30pm

At W.E. Graham Community Service Society - Slocan

This program is meant for parents and adults. It's the Adult Open Studio Drop in Art Therapy Sessions with Art Therapist Seamus Gray. This is an opportunity to join with people in Slocan, have tea and engage in creative expression and sharing. No previous training or experience required. Sessions are free to attend, all materials provided. For more information email [info@wegcss.org](mailto:info@wegcss.org)

### **Slocan Community Library**

Come check out our lovely local library, large and cozy kids' section, plus lots of books for youth and adult – all are welcome at the library! For hours and information: <https://slocanlibrary.ca/>

### **Pharatree Learning Centre – Winlaw (\$Cost)**

Children's programming, lending library and bursaries available.

Check out <https://pharatree.ca/>

### Slocan Valley Recreation- Equipment Rental Program (\$by donation)

Slocan Park Hall

Tuesday & Wednesday 9:00 am – 3:00 pm, Thursday 9:00 am – 5:00 pm

The Slocan Valley Recreation Department has recreation equipment available for rent. Cross Country Ski Equipment, Snow Shoes and sport and recreation equipment. Check out our program guide at [www.rdck.ca/recreation](http://www.rdck.ca/recreation) for a list of what is available. Equipment can be booked in person or over the phone. All equipment is for rent by Donation.

### The Slocan Valley Threads Guild

**The Slocan Valley Threads Guild** is a group of local people who love working with fibre – knitting, quilting, spinning, weaving, quilting, basket-making, crocheting, dyeing and more! We have our own hall located on Perry's Back Road, just off Hwy 6. New members are always welcome. A \$10 annual membership fee gets you access to our newsletter, our wonderful library, monthly meetings and a variety of classes and workshops. Please see our website for more information. <https://slocanvalleythreadsguild.wordpress.com/>

### **Community Resource Highlight: Download a First Aid App!**

#### First Aid App

A really great resource to **download** on your phone is a **First Aid App** – there is one by the Canadian Red Cross, and a Baby and Child First Aid by the British Red Cross. Both are helpful.

## Health & Well-being

### Kid Sport Funding – Grants

If you're looking to register your child in sport, and costs are holding you back, KidSport may be able to help. KidSport provides grants to children (18 and under) from families facing financial barriers so they can participate in registered sport programs. You can apply online at [kidsportcanada.ca/british-columbia/provincial-fund](http://kidsportcanada.ca/british-columbia/provincial-fund) (or find your local chapter) or complete a paper application and mail it in. Paper applications are available on the KidSport website or from your local chapter.

A few important details to keep in mind:

- Grants are to be used for the payment of sport participation/registration fees
- Canada Revenue Agency low income guidelines are used in determining eligibility
- Camps, equipment, lessons, travel, fundraising, championships, etc. are not eligible expenses
- Only one application per calendar year, for one eligible sport, may be submitted
- Applications must be received prior to, or at the beginning of the requested season of sport
- Sport activities must demonstrate a sustained sport experience (a season of sport led by a qualified coach) and the sport activity must be affiliated with a Sport BC member organization

### Save – A- Smile Funding

Save-A-Smile Funding is available for families (with children under the age of 19 years and the child has dental decay) requiring immediate treatment. The family must meet the eligibility requirements and fill out an application through the Interior Health Dental Program.

### Healthy Kids Program Government of BC

Basic dental, eyeglasses and hearing care. Through the Healthy Kids Program, children of low-income families can get help with the costs of: Basic dental care, Prescription eyewear, Hearing instruments, Alternative hearing assistance. More Information:

<https://www2.gov.bc.ca/gov/content/health/managing-your-health/family/child-teen-health/dental-eyeglasses>

Healthy Kids Program is available for children if their parents have applied for Supplementary benefits, are on Income assistance, welfare or have rental assistance. Healthy Kids Program –provides dental treatment coverage up to \$2000.00/every 2 years. Families can apply online: <https://www2.gov.bc.ca/gov/content/health/health-drug-coverage/msp/bc-residents/benefits/services-covered-by-msp/supplementary-benefits>

<https://www2.gov.bc.ca/gov/content/governments/policies-for-government/bcea-policy-and-procedure-manual/health-supplements-and-programs/healthy-kids?keyword=healthy&keyword=kids&keyword=program>

### Dental Program – Interior Health

Offers caregiver support and education for providing oral care, finding a dental home, prevention of cavities, dental screening, application of fluoride varnish, & dental education and counselling relating to prenatal and newborn dental care. Ages 0-4 years old, Lift the Lip Dental Program, Age 19+ Adults with Disabilities, Dental Health Services Community Living BC, Pregnant Mom's – New Mom's. For more information call 250-505-7244 or visit <https://www.interiorhealth.ca/YourHealth/InfantsChildren/Pages/DentalHealth.aspx>

### Canada Dental Benefit

The interim Canada Dental Benefit is intended to help lower dental costs for eligible families earning less than \$90,000 per year. Parents and guardians can apply if the child receiving dental care is under 12 years old and does not have access to a private dental insurance plan.

Depending on your adjusted family net income, a tax-free payment of \$260, \$390, or \$650 is available for each eligible child. This interim dental benefit is only available for 2 periods. You can get a maximum of 2 payments for each eligible child. Benefit payments are administered by the Canada Revenue Agency (CRA).

The first benefit period is for children under 12 years old as of December 1, 2022 who receive dental care between October 1, 2022 and June 30, 2023. More information:

<https://www.canada.ca/en/revenue-agency/services/child-family-benefits/dental-benefit.html>

### First Aid App

A really great resource to **download** on your phone is a **First Aid App** – there is one by the Canadian Red Cross, and a Baby and Child First Aid by the British Red Cross. Both are helpful.

### Postpartum Support Society

Supporting mothers and their families experiencing postpartum/perinatal distress, depression and anxiety. Phone support and text support is active and available during our usual hours, between 10 a.m. and 3 p.m. Monday to Friday. Toll-Free 855-255-7999, Texting 604-255-7999.

<http://postpartum.org/>

## Online Events and Activities

### Guided Meditation and Talk – Online

Tuesdays 6PM

See link below for more information and link to Zoom gathering.

<https://www.heartdharma.love/>



### **[Planet Protector Academy \(David Suzuki Foundation\)](#)**

Programming is ideal for children ages 6 to 11, it incorporates music, theatre and humour to empower children to make a difference in protecting the planet.

<https://planetprotectoracademy.com/>

### **[Free online American Sign Language classes website resource](#)**

<http://www.signlanguage101.com/>

Lessons on ABC's, common gestures and more! Watch and learn at your leisure.

### **[Baby sign language basics resource](#)**

Learn simple signs, such as 'milk', 'eat', 'more', 'all done', 'bed' and others in this helpful link with some free resources. This particular website has solicitation for their printed and dvd materials. <https://www.babysignlanguage.com/dictionary/first-signs/>

## **Local Resources**

### **[Al-Anon](#)**

**Al-Anon is a support group for family and friends of alcoholics.**

The Friday Night Nelson Al-Anon Family Group is now meeting on **Zoom Fridays 7-8 pm.**

Please email [nelsonfridaynightafg@gmail.com](mailto:nelsonfridaynightafg@gmail.com) for more information.

The Nelson Lunch Bunch Family Al-Anon Family Group is now meeting on **Zoom Wednesdays 11-12 pm.**

Please email [nelsonfridaynightafg@gmail.com](mailto:nelsonfridaynightafg@gmail.com) for more information.

### **[W.E. Graham Community Service Society](#)**

**Has resources available: Therapists – Activities for teens – and more**

Dear Slokan Valley Families, the WE Graham Service Society wants you to know that there are resources available to help should you or anyone you know be in need. Please contact (250) 355-2484 or email [officemanager@wegcss.org](mailto:officemanager@wegcss.org) for more information.

### **[Counselling Services available to Children](#)**

Arrow and Slokan Lakes Community Services (ASLCS) has produced a 10-minute YouTube video explaining the online counselling services that are available to children, youth and parents:

<https://www.youtube.com/watch?v=GhTG3HpnLHI&feature=youtu.be>

it is an interview with their CYMH/SAIP counsellor.

### **[Kootenay Kids - Nelson](#)**

Check out Nelson's **Kootenay Kids Event's calendar**, groups for Moms and parents, play groups, pregnancy groups, pancake breakfasts and more!

<https://kootenaykids.ca/events/>

### **[Kootenay Family Place – Castlegar](#)**

Check out **Castlegar's Family Place calendar**, lots of groups family drop in, beautiful beginnings, playgroups and more!

<https://kootenayfamilyplace.org/events/>

### **[Got A LOT of clothes to give away?! - Positive Apparel in Nelson](#)**

**(Takes all clothing donations) - \$cost to take clothes)**

Positive Apparel in Nelson takes all clothing and fabric donations. Any season, adult and child, any amount of donations, any size of clothes – including linens, towels, things with holes or stains. They are a thrift store and they also recycle fabrics. **Anything unusable gets recycled.** They do not accept pillows or stuffies. Find them at 721 Front Street, Tuesday through Saturday 10am – 3pm. Or call 250-505-5444.

## Community Resources

### Child Intervention Services

Did you know that **ALL intervention services are FREE for children before they attend school, and are under the age of 6!** Early intervention services such as speech language, occupational therapist, physio therapist, infant development and more are available and FREE for children before they attend school and under 6. Some of these services are even available to make **home visits**. If you have any questions about how to get in touch with a professional for services, please email [svearlyyears@wegcss.org](mailto:svearlyyears@wegcss.org) or see below under Kootenay Kids, Kootenay Family Place and Interior Health.

### C.O.I.N.S Circle of Indigenous Nations Society

The Circle of Indigenous Nations Society is an Aboriginal non-profit society that provides cultural support and counseling services to people in the West Kootenay and Boundary region. Offering many programs and support: Aboriginal Family Services Development Program, Healing Our Spirits Aboriginal Mental Health and Substance Use Program, Aboriginal Early Years Program, Aboriginal Family Connections Program, Aboriginal Health Connections Program, Aboriginal Supported Child Development Program, Aboriginal Infant Development Program, Aboriginal Early Intervention Program, Traditional Parenting Program, Aboriginal Community Wellness Program, Aboriginal Community Outreach Program. <https://www.coinations.net/>

### Métis Family Connection & Well Being Program

<https://www.mnbc.ca/families/>

Métis Family Connection is for families with children birth to 8 years. This program is to connect families to their Métis community and culture and link them to early years programs and services in their community. Well Being Programs help families who identify as Métis to access services, such as Respite care, Speech therapy, Assessments, Medical equipment, Mental health support, Educational & Cultural support. Please call to discuss your child's needs. Call Jocelyn Stuart, Family Connections Navigator for the Kootenays. Phone 604-373-3350 ext. 8259 or Cell 250-304-5200 Or Toll Free 1-800-940-1150 Email: [jstuart@mnbc.ca](mailto:jstuart@mnbc.ca)

### Nelson and Area Friends of the Family

A foundation to assist families with emergency travel costs due to their child's illness or injury. <https://nelsonfriendsofthefamily.ca/>

### Kootenay Kids (Nelson)

Aboriginal Early Intervention, Child Care Resource and Referral, Early Care and Learning Centre, Family Place – early years programming opportunities, Pediatric Therapy, Strong Start. [cathys@kootenaykids.ca](mailto:cathys@kootenaykids.ca)  
**Early Intervention Services** Physiotherapy and Occupational Therapy. <https://kootenaykids.ca/> email

### Kootenay Family Place (Castlegar)

**Early Intervention Services** Infant Development Program and Supported Child Development - In person visits. Families can self refer or other families can with family consent. (Referral forms on website) <https://kootenayfamilyplace.org/>

### Interior Health (Nelson)

**Early Intervention Services** Speech Therapy. Call 250-505-7200 for more information.

### [Nelson Women's Centre](#)

We are one of the few places in Nelson where women can access very low cost counselling with our team of Counsellors. Our social workers can help with advocacy, information, support with other organisations, and advice. Contact at 250 546 8441 or email [nws@nelsonwomenscentre.org.nz](mailto:nws@nelsonwomenscentre.org.nz)

Drop in space (Mon-Thurs 9am-4pm, Fri 9am-2pm), Women's Library.

To access food donations, meet outside the building during drop in hours Tuesdays and Thursdays 12-4. For counselling services as well as finding resources staff can be available by appointment at 250-352-9916.

<https://www.nelsonwomenscentre.org.nz/>

### [Family Action Network \(FAN\) \(Trail\)](#)

Family Resources in the Lower Columbia, services, events, developmental check ins.

<https://familyactionnetwork.ca/>

### [Certified Child Passenger Safety Technician and Educator](#)

(Car Seat Technician) – Junction area. Want to get your child's car seat checked to ensure it is installed correctly?

Jen Popoff offers a FREE service to families and she can be reached at (250) 505-3747.

Please call if you have any questions or to arrange a meet up so she can check your car seat.

### [Family Support Institute of BC](#)

This is a free family to family support network, for families of people with disabilities in BC. Family Support is creating a non-judgmental place where families can find **information, guidance, understanding** and **connections**. **Family Support** network helps to reduce isolation and loneliness by creating a space where people feel understood and are able to focus on celebrating their family members' abilities. See [www.familysupportbc.com](http://www.familysupportbc.com) or call 1-800-441-5403 for more information.

### [Kootenay Boundary Crisis Line](#)

Call: 1-888-353-2273

### [Crisis Line Association of BC](#)

1 800 suicide (1 800 784-2433) - 24/7

Crisis and suicide intervention [www.crisiscentre.bc.ca](http://www.crisiscentre.bc.ca)

*This E-bulletin is hosted by the Slocan Valley Early Childhood Community Advisory Council (SVECCAC), a voluntary group of service providers, educators, and parents focused on giving children their best start in life. The E-bulletins are intended to keep families with young children informed of opportunities and activities available to them.*

*This year 2022, all SVECCAC projects and initiatives, including this email bulletin are most graciously being supported by grants from the*

*Our local Heritage Credit Union and the Columbia Basin Trust!  
We thank you for your support!*





*We also want to thank W.E. Graham Community Service Society as our Managing Partner!*



*Please feel free to send us your feedback or for more information, join/like/follow our facebook community @SVECCAC. Visit our page at [fb.me/SVECCAC](https://fb.me/SVECCAC).*

*If you wish to be added to the distribution list, or to be removed from the list or for more information, please email [valleyconnection@gmail.com](mailto:valleyconnection@gmail.com)*